



SATURDAY 10.09.2022 / 08.00 - 13.00

SESSION I

08.00 **Registration and Coffee /Tea**

08.25 **Introduction**

Rodrigo Moreno- Reyes (Belgium)

CHAIRS: *Effie Koukkou (Greece), Lluís Vila (Spain)*

08.30 **The rise in plant-based diets: a concern for iodine intake?**

Sarah Bath United Kingdom

08.50 **Iodine supplementation in pregnancy**

- what is the evidence in mild-to-moderate iodine deficiency?

Mariana Dineva United Kingdom

09.10 **Beyond the median in UIC studies: where we stand now**

Maria Anderson (Switzerland)

09.30 **Current iodine status in Norway**

Lisbeth Dahl (Norway)

09.50 **Coffee/Tea and Posters**

SESSION II

CHAIRS: *Mafalda Marcelino (Portugal) Helena Filipsson Nyström (Sweden)*

10.30 **Iodine status in the WHO European Region**

- opportunities and challenges

Holly Rippin (WHO, Europe)

10.50 **Iodine status among various population groups in Belgium:**

An update and future steps

Stefanie Vandevijvere (Belgium)

11.10 **Selective approach to optimize iodine intake in Belgium**

Laurence Doughan (Belgium)

11.30 **Iodine status: an overview of situation and measures
in Switzerland**

Clara Benzi Schmid (Switzerland)

11.50 **Iodine status and recommendations in Finland**

Iris Erlund (Finland)

12.15 **Lunch and close**